

# Tuna Salad Sandwich

Meal Components: Vegetable, Grains, Meat / Meat Alternate

Sandwiches, F-11

Ingredients	24 Servings		48 Servings		Directions
	Weight	Measure	Weight	Measure	
Canned tuna, water-packed, chunk	4 lb 2 1/2 oz	1 can 66 1/2 oz	8 lb 5 oz	2 cans 66 1/2 oz	1. Drain and flake tuna.  2. Combine tuna, onions, celery, pickle relish, dry mustard, eggs (optional), and salad dressing or mayonnaise. Mix lightly until well blended.
*Fresh onions, chopped	5 oz	3/4 cup 2 Tbsp	10 oz	1 2/3 cups	
OR		OR		OR	
Dehydrated onions		1/4 cup 3 Tbsp		3/4 cup 2 Tbsp	
*Fresh celery, chopped	1 lb	3 3/4 cups 2 Tbsp	2 lb	1 qt 3 3/4 cups	
Sweet pickle relish, undrained	4 1/2 oz	1/2 cup 1/2 tsp	9 oz	1 cup 1 tsp	
Dry mustard		3/4 tsp		1 1/2 tsp	
Fresh large eggs, hard-cooked, peeled, chopped (optional)	7 oz	4 each	14 oz	8 each	
Reduced calorie salad dressing	1 lb 6 oz	2 3/4 cups	2 lb 11 oz	1 qt 1 1/2 cups	
OR	OR	OR	OR	OR	

3. CCP: Cool to 41° F or lower within 4 hours.  
Cover and refrigerate until ready to use.

Enriched white bread (at least 0.9 oz per slice)	48 slices	96 slices	4. Spread No. 8 scoop (½ cup) of tuna salad on 1 slice of bread. Top with second slice of bread. Cut each sandwich diagonally in half. Cover. Refrigerate until ready to serve.  5. Portion is 1 sandwich (2 halves).
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Notes
* See Marketing Guide

Marketing Guide		
Food as Purchased for	24 Servings	24 Servings
Mature onions	6 oz	12 oz
Celery	1 lb 4 oz	2 lb 8 oz

Serving	Yield	Volume
1 sandwich (2 halves) provides 2 oz cooked fish, ½ cup of vegetable, and 2 slices of bread.	<b>24 Servings:</b> 6 lb 3 oz (filling) 8 lb 14 oz  <b>48 Servings:</b> 12 lb 6 oz (filling) 17 lb 12 oz	<b>24 Servings:</b> 3 quarts (filling) 24 sandwiches  <b>48 Servings:</b> 1 gallon 2 quarts (filling) 48 sandwiches

Nutrients Per Serving					
Calories	297	Saturated Fat	1 g	Iron	3 mg
Protein	24 g	Cholesterol	33 mg	Calcium	73 mg
Carbohydrate	33 g	Vitamin A	87 IU	Sodium	797 mg
Total Fat	7 g	Vitamin C	2 mg	Dietary Fiber	2 g